

*Womens*  
**Wellness**

*Spirit of*  
**Women.**

**Book Club**

*Join us*

Time: 1:00 pm

Date: 1st Monday of each month

Facilitator: Lyn Howe

Location: Topsham Medical Building - 4 Horton Place in Topsham

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Our book club meetings are held on the first Monday of the month at one in the afternoon at the Parkview Medical Building in Topsham (the community room). There is plenty of parking, and a beautiful quiet room. Perfect for our lively discussions! Please note, not all of these books are readily available (at a local bookstore, or on the library shelf), but they ARE all available. Each is available through inter-library loan, this service is free at most libraries and most books are also available through internet resources such as Amazon.com.

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*January 9, 2012* - 'True Spirit' by Jessica Watson.

*February 6, 2012* - 'A Pearl in the Storm' by Tori Murden McClure.

*March 5, 2012* - '365 Thank Yous' by John Kralik.

*April 2, 2012* - 'The Gift of Rest' by Senator Joe Lieberman.

*May 7, 2012* - 'The Greater Journey' by David McCullough.

To receive a complimentary Spirit of Women membership contact Janice Saavedra, Spirit of Women Coordinator at 373-2162.



**Parkview**  
ADVENTIST MEDICAL CENTER

**Be a part of the Spirit.**

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